

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

CORRECTIONAL TRAINING FACILITY (CTF) Highway 101 Soledad, CA 93960		Carol Grisotti Community Resource Manager (831) 678-3951 Ext.4501
	Name of Program	Summary Description
1	Al-Anon	12-step support recovery program for families and children of a substance abuser
2	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
3	Alternatives to Violence (AVP)	Classes regarding changes in violent behaviors
4	Balanced Re-Entry	Assist with inmate reentry through fostering education, self-help and therapy
5	Criminals and Gangs Anonymous (CGA)	12-step recovery program for those with the inability to stop committing crimes
6	Fathers Behind Bars	Teach and foster effective parenting skills for incarcerated persons
7	Higher Education Library Project (HELP)	Coastline college program being facilitated by two retired credentialed teachers, and volunteer/proctors, where inmates complete independent study with the assistance of volunteers
8	Inner Circle (Men's support group)	The goal is to create environments that prisoners can work and explore the issues that have prevented them from living up to their full potential
9	Meditation	Meditation techniques
10	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
11	Native American (AMI)	Supports sweat ceremonies, talking circles, educational activities, and song and drum practices weekly

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

CORRECTIONAL TRAINING FACILITY (CTF) Highway 101 Soledad, CA 93960		Carol Grisotti Community Resource Manager (831) 678-3951 Ext.4501
	Name of Program	Summary Description
12	Recreational Activities	Includes sporting workshops and tournaments
13	Rosary Group	Fostering the Catholic religious practice of praying the rosary
14	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
15	Veterans Group	A support group for veterans and inmates with family serving in the military
16	WE CARE Juvenile Deterrent Program	A prison based program designed to introduce juvenile offenders and at-risk youths to the reality of prison life in a structured setting as a deterrent to continued criminal behavior

Updated annually in May